

March 2011

Monthly Newsletter for Physicians
At Thomasville Medical Center

Chief of Staff Corner – Dr. Asif Wahid: Medical Staff Announcements & Reminders

- **REVISED: Medical Staff Bylaw & Credentials Manual:** Everyone should have received the review and comment email from Jennifer in the medical staff office concerning the latest proposed Bylaw & Credentials Manual revisions. Thank you to all that responded with your vote, the revisions have been approved by the Board of Directors and are available in the medical staff office for your review. If you would like a final electronic copy of the manuals please contact Jennifer directly and she will be happy to send you a copy via email.
- **NC Department of Health & Human Services Announcements:** The TMC Clinical Improvement office has recently been notified of the 3 most recent updates:
 - 2011 Update: Diagnosis and Surveillance for Arboviral Diseases
 - 2011 Update: Diagnosis and Surveillance for Lyme Disease
 - 2011 Update: Diagnosis and Surveillance for Tick Borne Rickettsial Diseases (TBRD)Copies of the announcements will be attached with this newsletter coming to you via email.
- **Doctors Day Gifts:** Don't forget to stop by the medical staff office to pick up your fleece jacket from the Doctors Day Celebration. Sizes L to 3X are available. Please call Jennifer at 476-2525 if you wish to have her hold one out for you.

Upcoming CME Events

- All events for April have been cancelled. Stay tuned for upcoming May events.

Practice Alert Bulletin – Dexamethasone Recall

- Dexamethasone 4mg/ml, 1ml single dose vials and 5ml and 30ml multiple dose vials have been recalled.
- This issue affects many departments and Pyxis med stations.
- All affected dexamethasone vials are being removed from Pyxis medstations, anesthesia systems, emergency kits and floor stock.
- Dexamethasone 10mg/ml vials are being added to each area.
- Continue the practice of visually inspecting all parenteral products for particulate matter and discoloration prior to administration.

Cardiac Rehab Updates:

Improving Patient Outcomes: A national study shows that Cardiac Rehabilitation patients who attended more sessions had fewer adverse events. (*Circulation. 122(13):1342-1350, September 28, 2010.*) Our program at TMC also proves that patients improve with Cardiac and Pulmonary Rehabilitation. Six Minute Walk Test scores improve 24-30% (275-300 feet) with lower heart rates and blood pressures. Patients lose one to three inches off their waist line. Mental Health and Physical Health composite scores improve 10%. The problem is that only 20% of eligible patients are referred to Cardiac and Pulmonary Rehabilitation. This underutilized service is what your patients need to achieve treatment goals, increase activity and improve their quality of life. The next time you see a COPD, CHF or heart patient consider if that patient would benefit from Cardiac or Pulmonary Rehabilitation. If could be just what the doctor ordered. Contact #: 476-2539 or tedoyle@novanthealth.org

New Practitioners – March

Emmanuel Kanyi, MD – NICS Thomasville

Robert Shane Wilkins, CRNA – Davidson Anesthesia